



AMS Enviro Recycling Guide

Recycling is a simple yet powerful way to protect our planet. By sorting your waste correctly, you help conserve natural resources, reduce landfill waste, and save energy. This guide will help you understand what can and cannot be recycled with AMS Enviro.

1. Paper & Cardboard

What to recycle:

- Newspapers, magazines, junk mail, office paper
- Cereal boxes, tissue boxes, paper towel rolls (flattened)
- Cardboard delivery boxes (flattened)
- Paper bags

Preparation:

- Remove any plastic packaging, packing peanuts, or excessive tape.
- Flatten cardboard boxes to save space.
- Keep paper clean and dry.

Do NOT recycle:

- Greasy pizza boxes
- Waxed paper or parchment paper
- Paper contaminated with food or liquids
- Shredded paper (can be composted if allowed by local guidelines, but not typically recycled with general paper waste).

2. Plastics

What to recycle:

- Plastic bottles (water, soda, milk jugs)
- Plastic tubs (yogurt, butter, sour cream)
- Plastic jugs (detergent, cleaning supplies)
- Plastic containers labeled with numbers 1-7 (check local AMS Enviro guidelines for specific accepted numbers)

Preparation:

- Rinse containers to remove food residue.
- You can often leave caps on plastic bottles, but check with AMS Enviro for their specific policy.
- Empty all contents.

Do NOT recycle:

- Plastic bags, film, or wrap (take these to designated store drop-offs)
- Styrofoam (cups, packing peanuts, trays)
- Plastic toys
- Garden hoses, pipes, or other rigid plastics
- Syringes or medical waste
- Plastic cutlery or straws

3. Metals (Cans & Foil)

What to recycle:

- Aluminum soda and beverage cans
- Steel and tin food cans (e.g., soup, vegetable cans)
- Aluminum foil (clean and balled up)
- Aluminum pie plates and take-out containers (clean)

Preparation:

- Rinse cans to remove food residue.

- You don't need to remove labels.
- Ball up aluminum foil to at least the size of a golf ball.

Do NOT recycle:

- Scrap metal (e.g., car parts, metal hangers)
 - Aerosol cans (unless specifically marked as recyclable by AMS Enviro and completely empty)
 - Batteries (take to special recycling centers)
 - Electronics
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4. Glass

What to recycle:

- Glass bottles (beverage, food jars)
- Glass jars (jam, pickles, sauces)

Preparation:

- Rinse containers to remove food residue.
- You can usually leave labels on.
- Separate by color (clear, brown, green) if AMS Enviro requires it, otherwise, all colors go together.

Do NOT recycle:

- Ceramics or pottery
 - Mirrors or window glass
 - Drinking glasses or bakeware (Pyrex)
 - Light bulbs
 - Broken glass (for safety, wrap and dispose of in regular trash)
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General Tips for Recycling with AMS Enviro:

- **When in doubt, throw it out:** If you're unsure whether an item is recyclable, it's often better to place it in the general waste bin to avoid contaminating the recycling stream.

- **Check local guidelines:** Recycling rules can vary. Always refer to the official AMS Enviro website or contact their customer service for the most accurate and up-to-date information for your specific area.
- **Keep it clean & dry:** Contaminated or wet recyclables can ruin an entire batch.
- **Safety first:** Be careful with sharp objects, and never put hazardous waste in your recycling bin.

Thank you for doing your part to recycle responsibly with AMS Enviro!